

ESAA - EUROPEAN CROSS COUNTRY CHAMPIONSHIPS ROLL OF HONOUR

The first **European Cross Country Championship** was held in Alnwick on 10th December, 1994. The inaugural event only included races for senior men and women with 180 athletes from 23 countries taking part. The men's race was run over 9.5k and the women's 4.5k. It is an annual event where a United Kingdom team takes part.

Junior races were added 2 years later and, in 2006, races for the under-23 age group were added. The most recent addition was a Mixed Relay in 2017. The event now regularly attracts over 600 athletes from 40 countries.

The ESAA competitors who have won medals in the individual events of the Senior Championship are as follows :

1995 – ALNWICK, UNITED KINGDOM

Andrew Pearson (West Yorkshire)	Cross Country Bronze (also a Team Bronze) 1988 I CC-1
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1996 – CHARLEROI, BELGIUM

Jon Brown (South Yorkshire)	Cross Country Gold 1985 J CC-3, 1987 I CC-2, 1987 I 3000m-1
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1998 – FERRARA, ITALY

Paula Radcliffe (Bedfordshire)	Cross Country Gold 1988 J CC-3, 1989 I CC-3, 1990 I 1500m-3, 1990 I CC-2, 1991 S 1500m-1, 1991 S CC-2, 1992 S 3000m-1, 1992 S CC-1
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1999 – VELENJE, SLOVENIA

Jon Brown (South Yorkshire)	Cross Country Bronze (also a Team Gold) 1985 J CC-3, 1987 I CC-2, 1987 I 3000m-1
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2003 – EDINBURGH, UNITED KINGDOM

Paula Radcliffe (Bedfordshire)	Cross Country Gold (also a Team Gold) 1988 J CC-3, 1989 I CC-3, 1990 I 1500m-3, 1990 I CC-2, 1991 S 1500m-1, 1991 S CC-2, 1992 S 3000m-1, 1992 S CC-1
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2004 – HERINGSdorf, GERMANY

Hayley Yelling (Somerset)	Cross Country Gold (also a Team Silver) 1991 S 3000m-19
Jo Pavey (née Davis) (Devon)	Cross Country Bronze (also a Team Silver) 1988 J 1500m-1

2006 – SAN GIORGIO SU LEGNANO, ITALY

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Mo Farah (Middlesex)	Cross Country Gold 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
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2008 – BRUSSELS, BELGIUM

Mo Farah (Middlesex)	Cross Country Silver (also a Team Bronze) 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
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2009 – DUBLIN, IRELAND

Hayley Yelling (Somerset)	Cross Country Gold (also a Team Silver) 1991 S 3000m-19
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Mo Farah (Middlesex)	Cross Country Silver (also a Team Silver) 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
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2013 – BELGRADE, SERBIA

Andy Vernon (Hampshire)	Cross Country Silver (also a Team Bronze) 2002 I CC-56
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2014 – SAMOKOV, BULGARIA

Kate Avery (Durham)	Cross Country Silver (also a Team Gold) 2006 J CC-1, 2006 J 1500m-2, 2007 I CC-2, 2007 I 1500m-2, 2010 S 1500m-2
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2015 – HYERES-TOULON, FRANCE

Kate Avery (Durham)	Cross Country Silver (also a Team Gold) 2006 J CC-1, 2006 J 1500m-2, 2007 I CC-2, 2007 I 1500m-2, 2010 S 1500m-2
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2022 – TURIN, ITALY

Emile Cairess (West Yorkshire)	Cross Country Silver 2016 S 3000m-2
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2023 – BRUSSELS, BELGIUM

Abbie Donnelly (Lincolnshire)	Cross Country Bronze (also a Team Gold) 2013 I 3000m-2, 2015 S CC-1, 2015 S 3000m-3
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Notes regarding the athlete details shown above :

An entry for an athlete begins with a line detailing their European Cross Country Championship medal-winning achievement(s).

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Second (and subsequent) lines show the county (or counties) they represented and their ESAA Championship medal-winning performances or, in some cases, a non-medal-winning performance at the ESAA Championships.

ESAA performances are shown in the following abbreviated format – *yyyy a eeee p* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior)

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat and 'r-' indicates it was in a preliminary round)